

Medicinski fakultet u Rijeci

## IZVEDBENI NASTAVNI PLAN 2025/2026

Za kolegij

### Oxidative Stress and Antioxidants

Studij:	<b>Medical Studies in English (R)</b> (izborni)
Katedra:	Sveučilišni integrirani prijediplomski i diplomski studij
Nositelj kolegija:	<b>Katedra za medicinsku kemiju, biokemiju i kliničku kemiju</b> <b>prof. dr. sc. Domitrović Robert, univ. mag. med. biochem.</b>
Godina studija:	<b>2</b>
ECTS:	<b>1.5</b>
Stimulativni ECTS:	<b>0 (0.00%)</b>
Strani jezik:	<b>Mogućnost izvođenja na stranom jeziku</b>

**Podaci o kolegiju:**

Free radicals as extremely reactive chemical species represent a potential danger to all cells and contribute to the development of cardiovascular, neurodegenerative and inflammatory diseases, tumors, diabetes and other pathological conditions. However, at the same time, free radicals and other reactive oxygen and nitrogen species (ROS, "reactive oxygen species", RNS, "reactive nitrogen species"), by participating in phagocytosis and oxygenation, have a significant positive effect on metabolism. Within the framework of the course, the modes of action and effects of free radicals and ROS and RNS molecules in oxidative stress and the pathogenesis of various diseases will be discussed. In addition, students will be able to explain how the organism is protected from their harmful effects.

**Popis obvezne ispitne literature:**

1. Selected scientific papers.

**Popis dopunske literature:**

1. Internet databases.

**Nastavni plan:****Obveze studenata:**

Attendance and active participation of students in classes. The student must, in agreement with the course leader, prepare a seminar paper and make a PowerPoint presentation from a specific area related to oxidative stress. Students present their PowerPoint presentations in front of the leader and other colleagues. Every student is obliged to submit his seminar paper and PowerPoint presentation in electronic form.

**Ispit (način polaganja ispita, opis pisanog/usmenog/praktičnog dijela ispita, način bodovanja, kriterij ocjenjivanja):**

Student evaluation is carried out according to the valid Rulebook on studies of the University of Rijeka and according to the Rulebook on student evaluation at the Faculty of Medicine in Rijeka.

**Ostale napomene (vezane uz kolegij) važne za studente:****SATNICA IZVOĐENJA NASTAVE 2025/2026**

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**Popis predavanja, seminara i vježbi:****ISPITNI TERMINI (završni ispit):**