

Medicinski fakultet u Rijeci

**IZVEDBENI NASTAVNI PLAN  
2023/2024**

Za kolegij

**Freud or Psychoanalysis Discovered**

Studij:	<b>Medical Studies in English (R)</b> (izborni) Sveučilišni integrirani prijediplomski i diplomski studij
Katedra:	<b>Katedra za psihijatriju i psihološku medicinu</b>
Nositelj kolegija:	<b>izv. prof. dr. sc. Grković Jasna, dr. med.</b>
Godina studija:	<b>1</b>
ECTS:	<b>1.50</b>
Stimulativni ECTS:	<b>0.00 (0.00%)</b>
Strani jezik:	<b>Ne</b>

## Podaci o kolegiju:

The objectives of the course are to acquaint the student with the primary determinants of Freud's classic theory of the psychosexual development of the human personality, as well as with his great discoveries of psychic determinism, the dynamic unconscious as a separate part of the psyche and the instinctive life of man (life instincts and death instincts). To introduce him to the discoveries of psychotherapy procedures. - from hypnosis through suggestion to the method of free associations, which forms the basis of the psychotherapeutic technique discovered at the time - psychoanalysis. To inform the student about the basics of the theory of sexuality, topographical and structural levels of the personality, provide basic knowledge about reconstructing and awakening repressed psychic contents through the analysis and interpretation of dreams, and introduce him to Freud's fundamental published works. Also, the goal is to acquaint the student with the historical determinants of Freud's work and the link with current neuroscientific knowledge, as well as the biopsychosocial approach to the diagnosis and therapy of mental disorders.

### Lectures

**L1,2 Freud - Introduction to Psychoanalysis** - the student will find out who Sigmund Freud is, explain what psychoanalysis is, and argue the historical framework of the emergence of psychotherapy from neurology to psychoanalysis. Explain and understand psychoanalysis as a method of researching mental processes, as a psychotherapeutic method of treating mental disorders based on this research, and as a scientific discipline that represents a series of systematized psychological insights obtained in this way.

**L3,4 Drives and Personality ( Ego and Id )** - the objective is to acquaint the student with the structural theory of personality, with an emphasis on getting to know the theory of personality development and connecting learning about drives with the theory of object relations and the ability to foster relationships. To inform the student about the theory of the origin of drives, the pattern of conflict of drives, and differentiation within the ego; distinguish conscience, guilt, religion, morality, and social feeling.

**L5, 6 The Theory of Infantile Sexuality and Neuroses** - the importance of knowing that mature sexuality in adulthood is a consequence of a person's psychosexual development is stressed. We shall acquaint the student with the stages of psychosexual development and explain the basic role of children's development in shaping the adult. The student will name the basic features of the developmental stages of sexuality and explain with a critical review the importance of acquired knowledge.

**L7,8 Dreams and Psychoanalysis** - through the seminar work, the student will be introduced to the importance of the complementary effect of dream analysis and the free association method in the interpretation of repressed contents in the unconscious part of the psyche. Clarify the process of sleep, informing the student about the manifest and latent contents of sleep.

**L 9,10 Historical Aspects of Freud's Work and Current Perspective** - to describe the legacy of Freud's work in the period that marked and characterized it. Explain and connect the discovery of psychoanalysis with progress in the development of medical, philosophical, sociological, and anthropological science. Explain the influence of Freud's discoveries on the discovery of new ways of treating mental disorders.

### Seminars

**S1,2 Sigmund Freud - The Father of Psychoanalysis** ( documentary film and discussion on the historical framework of the origin of psychoanalysis with its influence on contemporary trends in medicine and other areas of science and art);

**S3,4 The Psychopathology of Everyday Life** ( through the seminar work, to introduce the student to Freud's most popular work *Psychopathology of Everyday Life*, and shed light on examples from everyday life - forgetting and mistakes - interpretation of the influence of the unconscious part of the psyche of each person on his behavior, speaking, writing);

**S5,6 Totem and Taboo; Civilization and its Discontents** ( at first observe Freud's efforts to describe and understand the problems of peoples and people's behavior through psychoanalysis through institutions and politics and the laws of behavior that were formed through civilization. Explain the concept of totem, incest, taboo, animism, magic, and then self-preservation instincts and sexual instincts, with the opposing death instinct. Understand Freud's point of view about the social drive or the drive to be sociable. Explain the principle of pleasure and the principle of reality);

**S7,8 Three Essays on the Theory of Sexuality** ( the importance of knowing that mature sexuality in adulthood is a consequence of a person's psychosexual development is pointed out. Acquaint the student with the stages of psychosexual development and with a critical review of current perspectives important for applying the acquired knowledge);

**S9,10 The Interpretation of Dreams** ( explain, describe, and differentiate the components of sleep work. Compare different types of dreams. Explain and argue the significance of symbols in the psychodynamic theory of dreams);

**S11-13 Clinical Cases: Dora, Little Hans, and Wolfman** ( explain and describe the clinical presentation of a case of hysteria. Explain the sociocultural implications of the work /Dora/, then acquaint students with the analysis of a five-year-old boy's phobia, which grew into a study on castration anxiety and the Oedipus complex /Little Hans/, and in the Wolfman case study explain Freud's dream analysis in the context of his history of illness and treatment);

**S14,15 The Importance of Psychoanalysis Today & Recapitulation** ( explain and connect the discovery of psychoanalysis with progress in the development of medical, philosophical, sociological, and anthropological science. Explain the influence of Freud's discoveries on the discovery of new ways of treating mental disorders. To argue and connect neuro psychoanalysis in the light of recent research that shows that psychotherapy has significant correlates with neurophysiological changes in the brain. To explain the biopsychosocial model of mental disorders as the basis of the affinity of biological and psychological methods of treatment).

**Popis obvezne ispitne literature:**

The standard edition of the complete psychological works of Sigmund Freud - a book chosen by the student from the topics covered in the elective course.

**Popis dopunske literature:**

## **Nastavni plan:**

### **Predavanja popis (s naslovima i pojašnjenjem):**

#### **L 1,2 Freud - Introduction to Psychoanalysis**

The student will find out who Sigmund Freud is, explain what psychoanalysis is, and argue the historical framework of the emergence of psychotherapy from neurology to psychoanalysis. Explain and understand psychoanalysis as a method of researching mental processes, as a psychotherapeutic method of treating mental disorders based on this research, and as a scientific discipline that represents a series of systematized psychological insights obtained in this way.

#### **L 3,4 Drives and Personality ( Ego and Id )**

The objective is to acquaint the student with the structural theory of personality, with an emphasis on getting to know the theory of personality development and connecting learning about drives with the theory of object relations and the ability to foster relationships. To inform the student about the theory of the origin of drives, the pattern of conflict of drives, and differentiation within the ego; distinguish conscience, guilt, religion, morality, and social feeling.

#### **L 5,6 The Theory of Infantile Sexuality and Neuroses**

The importance of knowing that mature sexuality in adulthood is a consequence of a person's psychosexual development is stressed. We shall acquaint the student with the stages of psychosexual development and explain the basic role of children's development in shaping the adult. The student will name the basic features of the developmental stages of sexuality and explain with a critical review the importance of acquired knowledge.

#### **L 7,8 Dreams and Psychoanalysis**

The student will be introduced to the importance of the complementary effect of dream analysis and the free association method in the interpretation of repressed contents in the unconscious part of the psyche. Clarify the process of sleep, informing the student about the manifest and latent contents of sleep.

#### **L 9,10 Historical Aspects of Freud's Work and Current Perspective**

The legacy of Freud's work will be described in the period that marked and characterized it. Explain and connect the discovery of psychoanalysis with progress in the development of medical, philosophical, sociological, and anthropological science. Explain the influence of Freud's discoveries on the discovery of new ways of treating mental disorders.

### **Seminari popis (s naslovima i pojašnjenjem):**

#### **S1,2 Sigmund Freud - The Father of Psychoanalysis**

A documentary film is going to be presented and a discussion will follow on the historical framework of the origin of psychoanalysis with its influence on contemporary trends in medicine and other areas of science and art.

#### **S3,4 The Psychopathology of Everyday Life**

Through the seminar work, introduce the student to Freud's most popular work *Psychopathology of Everyday Life*, and shed light on examples from everyday life - forgetting and mistakes - interpretation of the influence of the unconscious part of the psyche of each person on his behavior, speaking, writing.

#### **S5,6 Totem and Taboo; Civilization and its Discontents**

First, observe Freud's efforts to describe and understand the problems of people and people's behavior through psychoanalysis through institutions and politics and the laws of behavior that were formed through civilization. Explain the concept of totem, incest, taboo, animism, magic, and then self-preservation instincts and sexual instincts, with the opposing death instinct. Understand Freud's point of view about the social drive or the drive to be sociable. Explain the principle of pleasure and the principle of reality.

#### **S7,8 Three Essays on the Theory of Sexuality**

The importance of knowing that mature sexuality in adulthood is a consequence of a person's psychosexual development is pointed out. Acquaint the student with the stages of psychosexual development and with a critical

review of current perspectives important for applying the acquired knowledge.

### **S9,10 The Interpretation of Dreams**

The aim is to explain, describe, and differentiate the components of dream work. Compare different types of dreams. Explain and argue the significance of symbols in the psychodynamic theory of dreams.

### **S11-13 Clinical Cases: Dora, Little Hans, and Wolfman**

First, explain and describe the clinical presentation of a case of hysteria. Explain the sociocultural implications of the work /Dora/, then acquaint students with the analysis of a five-year-old boy's phobia, which grew into a study on castration anxiety and the Oedipus complex /Little Hans/, and in the Wolfman case study explain Freud's dream analysis in the context of patient's history of illness and treatment.

### **S14,15 The Importance of Psychoanalysis Today & Recapitulation**

Explain and connect the discovery of psychoanalysis with progress in the development of medical, philosophical, sociological, and anthropological science. Explain the influence of Freud's discoveries on the discovery of new ways of treating mental disorders. To argue and connect neuro psychoanalysis in the light of recent research that shows that psychotherapy has significant correlates with neurophysiological changes in the brain. To explain the biopsychosocial model of mental disorders as the basis of the affinity of biological and psychological methods of treatment.

### **Obveze studenata:**

Regular attendance to lectures and seminars, and interactive participation.

### **Ispit (način polaganja ispita, opis pisanog/usmenog/praktičnog dijela ispita, način bodovanja, kriterij ocjenjivanja):**

Student grading will be conducted according to the Ordinance on Student Grading at the Faculty of Medicine in Rijeka. The student's work is evaluated during the course and the final exam. Students may achieve up to 50% of the grade during the course ( seminar work paper) and 50% on the final oral exam that will demonstrate acquired mastery of a subject matter. Only the students who have gained 25 or more credits in the midterm exam ( seminar paper ) can take the final exam. Students who have gained less than 25 credits or were absent for more than 30% of teaching classes (i.e. 30% of lectures, 30% of the seminars) - can not take the final exam.

**The final exam is an oral exam - maximum credits = 50; sufficient = 25 credits.**

The final exam consists of five questions related to the course topics, with answers rated 0 to 10 credits.

The final grade is done according to the number of credits collected through the midterm and final exam:

90-100 points .... excellent (5) A; 90-100%

75-89 points ..... very good (4) B; 75 to 89%

60-74 points ..... good (3) C; 60-74%

50-59 points .....sufficient (2) D; 50-59%

0-49 points.....insufficient (1) F; 0-49%

### **Ostale napomene (vezane uz kolegij) važne za studente:**

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## SATNICA IZVOĐENJA NASTAVE 2023/2024

Freud or Psychoanalysis Discovered

<b>Predavanja</b> (mjesto i vrijeme / grupa)	<b>Seminari</b> (mjesto i vrijeme / grupa)
<b>20.10.2023</b>	
L 1,2 Freud - Introduction to Psychoanalysis: <ul style="list-style-type: none"><li>• Klinika za psihijatriju (15:30 - 17:00) <sup>[223]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>	
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	
<b>27.10.2023</b>	
	S1,2 Sigmund Freud - The Father of Psychoanalysis: <ul style="list-style-type: none"><li>• Klinika za psihijatriju (17:00 - 18:30) <sup>[223]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	
<b>03.11.2023</b>	
L 3,4 Drives and Personality ( Ego and Id ); <ul style="list-style-type: none"><li>• Klinika za psihijatriju (15:30 - 17:00) <sup>[223]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>	
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	
<b>10.11.2023</b>	
L 5,6 The Theory of Infantile Sexuality and Neuroses: <ul style="list-style-type: none"><li>• Klinika za psihijatriju (15:30 - 17:00) <sup>[223]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>	
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	
<b>17.11.2023</b>	
L 7,8 Dreams and Psychoanalysis: <ul style="list-style-type: none"><li>• Klinika za psihijatriju (16:30 - 18:00) <sup>[223]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>	
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	
<b>08.12.2023</b>	
	S3,4 The Psychopathology of Everyday Life: <ul style="list-style-type: none"><li>• Klinika za psihijatriju (13:30 - 15:00) <sup>[357]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>
doc. dr. sc. Stevanović Aleksandra, prof. - psih. <sup>[357]</sup>	
<b>14.12.2023</b>	
	S9,10 The Interpretation of Dreams: <ul style="list-style-type: none"><li>• Klinika za psihijatriju (16:00 - 17:30) <sup>[357]</sup><ul style="list-style-type: none"><li>◦ FOPD</li></ul></li></ul>
doc. dr. sc. Stevanović Aleksandra, prof. - psih. <sup>[357]</sup>	
<b>10.01.2024</b>	

	S11-13 Clinical Cases: Dora, Little Hans, and Wolfman: <ul style="list-style-type: none"> <li>• Klinika za psihijatriju (16:00 - 18:30) <sup>[357]</sup> <ul style="list-style-type: none"> <li>◦ FOPD</li> </ul> </li> </ul>
doc. dr. sc. Stevanović Aleksandra, prof. - psih. <sup>[357]</sup>	
<b>17.01.2024</b>	
	S5,6 Totem and Taboo; Civilization and its Discontents: <ul style="list-style-type: none"> <li>• Klinika za psihijatriju (12:15 - 13:45) <sup>[357]</sup> <ul style="list-style-type: none"> <li>◦ FOPD</li> </ul> </li> </ul> S7,8 Three Essays on the Theory of Sexuality: <ul style="list-style-type: none"> <li>• Klinika za psihijatriju (14:00 - 15:30) <sup>[357]</sup> <ul style="list-style-type: none"> <li>◦ FOPD</li> </ul> </li> </ul>
doc. dr. sc. Stevanović Aleksandra, prof. - psih. <sup>[357]</sup>	
<b>22.01.2024</b>	
L 9,10 Historical Aspects of Freud's Work and Current Perspective: <ul style="list-style-type: none"> <li>• Klinika za psihijatriju (15:30 - 17:00) <sup>[223]</sup> <ul style="list-style-type: none"> <li>◦ FOPD</li> </ul> </li> </ul>	
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	
<b>02.02.2024</b>	
	S14,15 The Importance of Psychoanalysis Today & Recapitulation: <ul style="list-style-type: none"> <li>• Klinika za psihijatriju (15:30 - 17:00) <sup>[223]</sup> <ul style="list-style-type: none"> <li>◦ FOPD</li> </ul> </li> </ul>
izv. prof. dr. sc. Grković Jasna, dr. med. <sup>[223]</sup>	

### Popis predavanja, seminara i vježbi:

PREDAVANJA (TEMA)	Broj sati	Mjesto održavanja
L 1,2 Freud - Introduction to Psychoanalysis	2	Klinika za psihijatriju
L 3,4 Drives and Personality ( Ego and Id )	2	Klinika za psihijatriju
L 5,6 The Theory of Infantile Sexuality and Neuroses	2	Klinika za psihijatriju
L 7,8 Dreams and Psychoanalysis	2	Klinika za psihijatriju
L 9,10 Historical Aspects of Freud's Work and Current Perspective	2	Klinika za psihijatriju

SEMINARI (TEMA)	Broj sati	Mjesto održavanja
S1,2 Sigmund Freud - The Father of Psychoanalysis	2	Klinika za psihijatriju
S3,4 The Psychopathology of Everyday Life	2	Klinika za psihijatriju
S5,6 Totem and Taboo; Civilization and its Discontents	2	Klinika za psihijatriju
S7,8 Three Essays on the Theory of Sexuality	2	Klinika za psihijatriju
S9,10 The Interpretation of Dreams	2	Klinika za psihijatriju
S11-13 Clinical Cases: Dora, Little Hans, and Wolfman	3	Klinika za psihijatriju
S14,15 The Importance of Psychoanalysis Today & Recapitulation	2	Klinika za psihijatriju

### ISPITNI TERMINI (završni ispit):